

Communication cards

English • Norsk bokmål

For a child who has just arrived and does not yet share a language with you.

The child does not need to read either language. The picture carries the meaning; the words are there for you, and for the child's family at home.

HOW TO USE

1. Photocopy this pack. It is designed to survive a black-and-white copier.
2. Tape the point-to-tell board (next page) where the child sits.
3. Cut out the cards, punch a hole in the corner, or keep them on a ring.
4. Point to a card yourself when you speak to the child. It works both ways.
5. Let the child colour them. It can help the cards feel like their own.

A NOTE ON THE LANGUAGE

This edition uses clear, standard Norwegian Bokmal classroom wording.

Families may use different words by country, region, community, or family.

Ask the family which words sound most natural at home.

These cards support communication; they do not replace an interpreter or a child's established system.

Point to tell me



I need the bathroom
Jeg må på do



It hurts here
Det gjør vondt her



I don't feel well
Jeg føler meg ikke bra



I'm going to be sick
Jeg tror jeg må kaste opp



I'm hungry
Jeg er sulten



I'm thirsty
Jeg er tørst



I'm sleepy
Jeg er trøtt



Help me, please
Hjelp meg, takk



I don't understand
Jeg forstår ikke



I'm scared
Jeg er redd



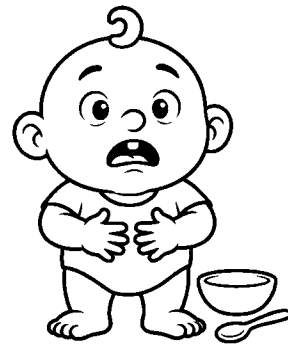
I want my mum
Jeg vil ha mamma



I'm okay
Jeg har det bra



I need the bathroom
Jeg må på do



I'm hungry
Jeg er sulten



I'm thirsty
Jeg er tørst



It hurts here
Det gjør vondt her



I don't feel well
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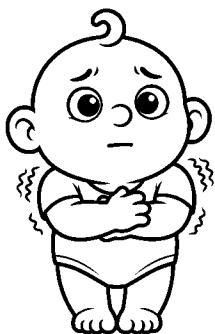
I'm going to be sick
Jeg tror jeg må kaste opp



I'm sleepy
Jeg er trøtt



I'm hot
Jeg er varm



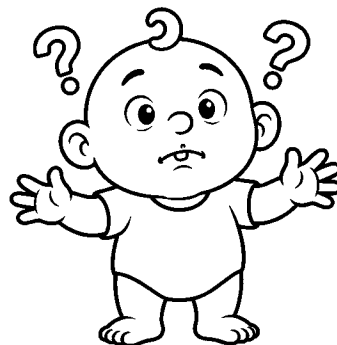
I'm cold
Jeg er kald



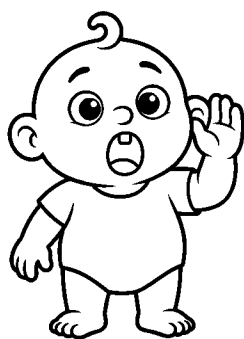
I need a tissue
Jeg trenger et papirlommetørkle



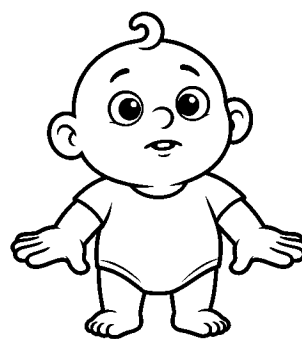
I need my medicine
Jeg trenger medisinen min



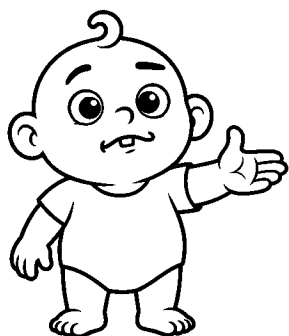
I don't understand
Jeg forstår ikke



Again, please
En gang til, takk



Slower, please
Saktere, takk



I don't know
Jeg vet ikke



Show me
Vis meg



Yes
Ja



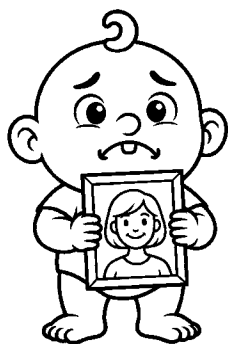
No
Nei



Help me, please
Hjelp meg, takk



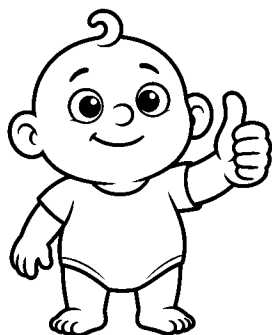
I'm scared
Jeg er redd



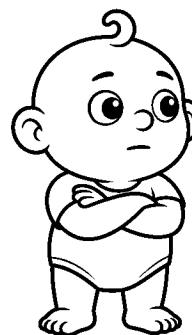
I want my mum
Jeg vil ha mamma



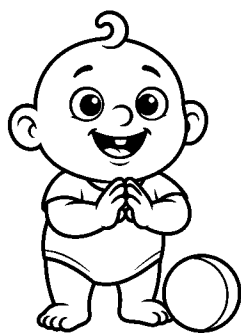
I want to go home
Jeg vil hjem



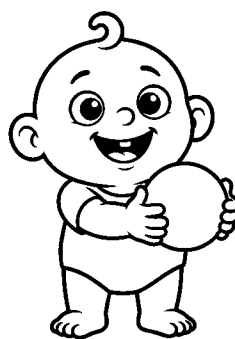
I'm okay
Jeg har det bra



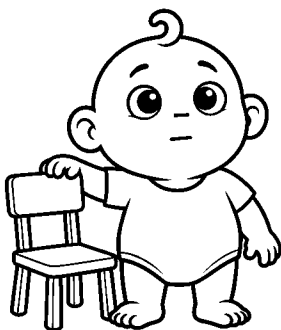
I don't want to
Jeg vil ikke



Can I play?
Kan jeg leke?



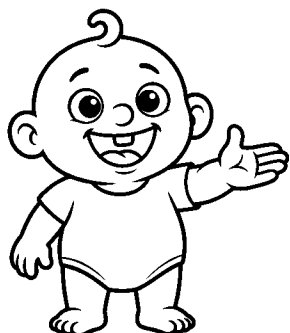
Do you want to play?
Vil du leke?



Can I sit here?
Kan jeg sitte her?



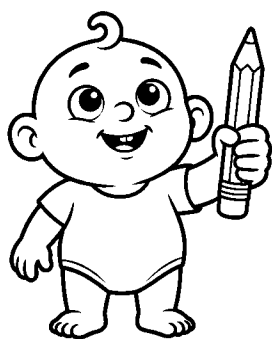
My turn
Min tur



Your turn
Din tur



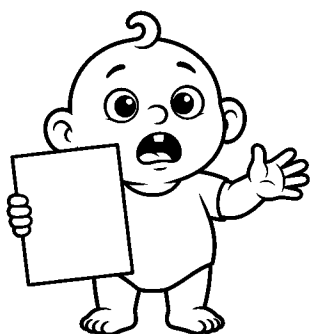
I'm finished
Jeg er ferdig



I need a pencil
Jeg trenger en blyant



I forgot
Jeg glemte det



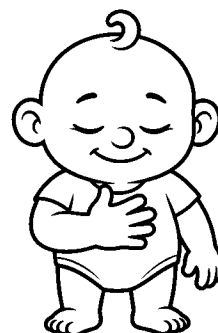
What do I do?
Hva skal jeg gjøre?



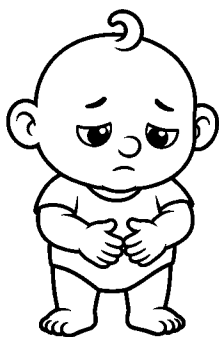
Can I have water?
Kan jeg få vann?



Please
Vær så snill



Thank you
Takk



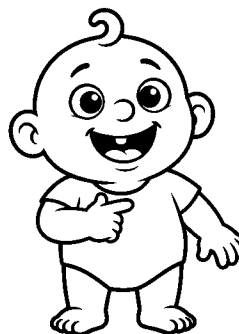
Sorry
Unnskyld



Hello
Hei



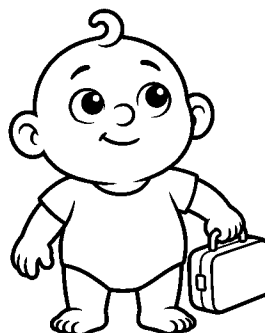
Goodbye
Ha det



My name is...
Jeg heter ...



I speak Spanish
Jeg snakker norsk bokmål



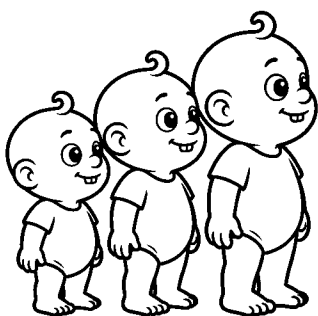
I just arrived
Jeg har nettopp kommet



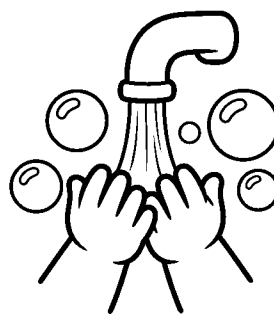
Sit here
Sitt her



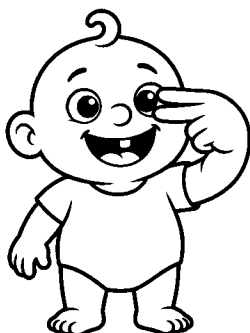
Come with me
Bli med meg



Line up
Still deg i køen



Wash your hands
Vask hendene



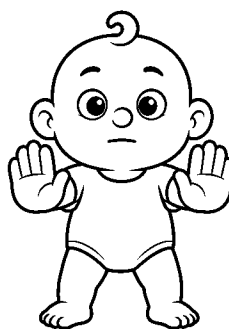
Look at me
Se på meg



Listen
Hør etter



Wait
Vent



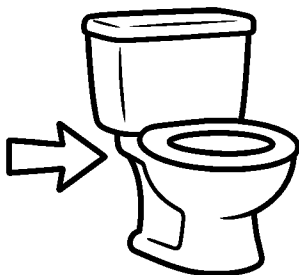
Stop
Stopp



Tidy up
Rydd opp



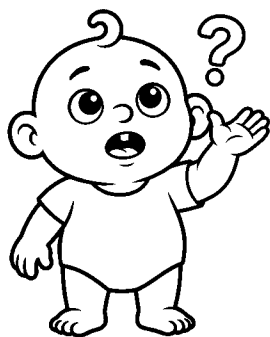
Get your coat
Hent jakken din



The toilet is there
Toalettet er der



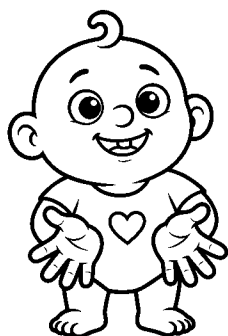
Are you okay?
Går det bra?



Do you understand?
Forstår du?



Do you need help?
Trenger du hjelp?



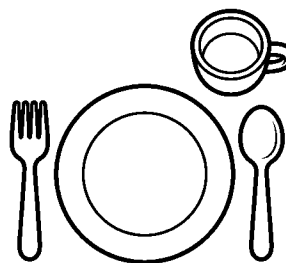
Don't worry
Ikke vær redd



Good job!
Bra jobba!



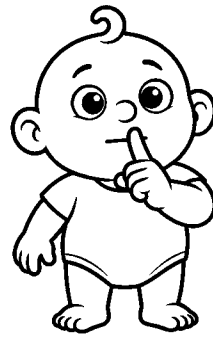
Your mum is coming
Mammaen din kommer



Time to eat
På tide å spise



Time to go home
På tide å dra hjem



Quiet, please
Stille, takk